FOX\NEWS

Teen Teaching Girls How to Fend Off Attackers

allas Jessup, a Vancouver teenager vying for a national award for teaching girls how to fend off attackers, is offering her Just Yell Fire video for free on her Web site.

You can also vote for her in the Volvo For Life contest.

Photo right shows a scene from Just Yell Fire. A volunteer acts as an attacker, while Dallas illutrates moves to fend the attacker off.

