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ASSAULT PREVENTION

Women's self-defense expert to give teens safety tips

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ALBION—

Renowned women's self-defense expert Dallas Jessup will appear at Albion High School at noon Monday to present her self-defense program.

Jessup, an expert martial artist, will show the audience the five most-dangerous situations teenagers encounter and 10 effective methods of defense.

At 14, Jessup founded Just Yell Fire, a Web site to instruct young girls on how to defend against sexual assault.

Jessup also made a film titled "Just Yell Fire," which demonstrated possible dangers and the techniques that could be used for defense. The film used several celebrities who contributed their time and helped raised \$600,000 for the video project. Jessup was nominated for a

“ Jessup, an expert martial artist, will show the audience the five most-dangerous situations teenagers encounter and 10 effective methods of defense. ”

Teen Choice award for the video. ■