

# AMERICA'S PROMISE ALLIANCE

## Free DVD Encourages Girls to 'Just Yell Fire'

A 15-year old girl from Portland, OR, came up with an idea to teach teenage girls how to fight off an attacker after seeing news footage of a Florida girl's abduction caught on surveillance tape.

Dallas Jessup, who has a black belt in Tae Kwon Do, wrote and starred in a short film, "Just Yell Fire," to teach girls self-defense techniques. The project became a major production with a professional crew and 100-member cast, including actors from the ABC television show, "Lost." The DVD can be downloaded free online at [www.justyellfire.com](http://www.justyellfire.com).

Jessup was recently honored with the Prudential Spirit of Community Award for her effort. ■